

# OASIS OTTERS SWIMMING CLUB

### "WITHOUT GOALS, TRAINING HAS NO DIRECTION"

### LONG DISTANCE TEST



We were joined by Dandenong Councillors who provided members an update on the new Dandenong Oasis Centre and answered questions about how the club would be supported over the next few years

Fantastic turn out for our first Distance Test of the year. On Saturday 4th March, we had 34 swimmers swim either a 500m, 800m, 1000m or 1500m time trial. Lots of improvement from each squad. Massive thanks to all parents who helped timekeep — we couldn't have done it without you!



Parent cheer squad at the Metro All Junior Semi Finals

#### **COMING UP**



01/04/23

Mini Meet



World's Greatest Shave Fundraiser



07/04/23 - 15/04/23

Australian Age Championships

17/04/23 - 20/04/23



Australian Swimming Championships

We are in the middle of ordering new polos for members. If you would like to purchase one, please see our uniform coordinator (Thu) or email us at oasisotters@gmail.com.



All smiles after the Distance Test and yummy breakfast!





## NATIONAL REPRESENTATIVES



G O



G O



Congratulations to our 8 National Representatives who will be flying up to the Gold Coast in April to compete at their respective Australian Age Championships and Australian Championships. Swimmers were lucky to be featured in the local Star Journal newspaper.

Members can cheer our swimmers on and keep up to date with the results on our Parents WhatsApp group.

Come congratulate these swimmers next time you see them on pool deck!



YOU CAN'T PUT A LIMIT ON ANYTHING. THE MORE YOU DREAM,
THE FARTHER YOU GET.

- MICHAEZ PHEZPS -



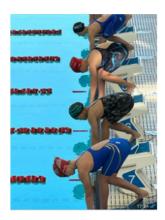


#### **MEET RESULTS**

#### VICTORIAN AGE LC CHAMPIONSHIPS















Brilliant results at our Victorian Age LC Championships held at MSAC over *March 9th — 13th*. Our State Team displayed true determination with many PBs, medals and learnings over the 5-day meet. The club finished equal 21st in the overall team rankings — a fantastic effort from our 9 swimmers. Huge thanks to Coach James who was at MSAC over 10 long sessions of heats and finals.

#### <u>Highlights include:</u>

- Andrew achieving 9 Bronze medals and 9 PBs from 9 swims
- Lucas placing 8th in the Boys 12 years 100m BR and 5th in the Boys 200m BR with big PBs
- *Giorgia* placing 7th in the Girls 14 years 100m FLY with a PB, setting herself up with a good ranking coming into Age Nationals next month
  - Bronwyn placing 10th in the Girls 13 years 100m BR and Girls 13 years 200m BR
- New Otters member Scott placing 6th in the Boys 13 years 100m FLY, 10th in the Boys 13 years 800m FS, 1st in the Boys 13 years 200m FLY and 8th in the Boys 13 years 400m IM
  - Our Boys 12 15 years 4x50m FS Relay (*Jayden, Keith, Daniel, Henry*) & Boys 12 18 years 4x50m FS Relay (*Henry, Daniel, Jayden, Brady*) achieving PB swims
- Our Boys 12 15 years 4x50m Medley Relay (*Jayden, Henry, Daniel, Keith*) & 12 18 years Medley Relay (*Jayden, Henry, Daniel, Brady*) achieving Age National Qualifying times!













#### METRO ALL JUNIOR SEMI FINAL AND FINAL

We had 19 swimmers represent the Otters at the Metro South All Junior Semi Finals on Saturday 25th March. Well done to all competitors for braving the cold and swimming to the best of their ability. Of the 19 swimmers who competed in the Semi Finals, we had 10 swimmers advance to the Finals the next day with amazing results — a display of our club's strength at the District level.

#### Our finalists included:

Vanessa, Zimo, Rainn, Lucas, Bronwyn, Scott, Andrew, Giorgia, Jayden & Henry

#### Finals results:

- Andrew achieving four 2nd place finishes in his Mixed 16&U races
- **Lucas** achieving a 1st place finish for the Boys 12 years 50m BR with a big PB and a 9th place finish in the Boys 12 years 50m FS
  - Henry finishing 10th in the Boys 15 years 50m BK, 1st in the Boys 15 years 50m BR with a new Age National qualifying time and 3rd in the Boys 15 years 50m FS
  - *Giorgia* finishing 1st in the Girls 14 years 50m FLY, 7th in the Girls 14 years 50m BK, 2nd in the Girls 14 years 50m FS
- *Rainn* achieving a 2nd place finish in the Boys 10 years 50m FLÝ, 3rd in the Boys 10 years 50m BK, 5th in the Boys 10 Years 50m BR and 50m FS
  - Vanessa achieving 4th in her Girls 8&U 50m FLY and 6th in her Girls 8&U 50m FS
    - Jayden with a 2nd place finish in the Boys 15 years 50m BK
      - Scott finishing 10th in the Boys 13 years 50m BK
    - Zimo with a 7th place finish in the Boys 9 years 50m BK with a big PB
- **Bronwyn** finishing 1st in the Girls 13 years 50m FLY, 7th in the Girls 13 years 50m BK, 2nd in the Girls 13 years 50m BR and 8th in the Girls 13 years 50m FS

















### SCHOOL SWIMMING REPRESENTATIVES









Congratulations all swimmers who represented their schools in swimming carnivals over the month of March. From house carnivals to districts, zones, divisions and regionals, all your hard work has paid off.







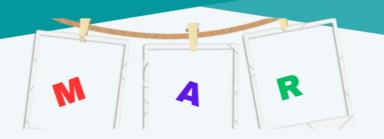












#### MEET THE FAMILIES



## VANESSA LUONG (DEVELOPMENT SQUAD)

1/ How long have you been with Otters? Since July 2022

2/ Favourite stroke(s)?
Freestyle & Breaststroke

3/ What is your favourite part of swimming? Diving

4/ What are some of your hobbies? Volleyball, Tennis & Swimming

5/ Favourite colour, food and movie/TV show? Purple, Sushi & Soul

6/ One fun fact about yourself: Love playing Piano & Skating

7/ What are you excited for in 2023?
I will get more medals



## FIONA LUONG (JUNIOR SQUAD)

1/ How long have your been with Otters? Since March 2022

2/ Favourite stroke(s):
Freestyle & Breaststroke

3/ Describe your journey with swimming so far in 3 words: Fun, tiring & exciting

4/ What are some long-term swimming goals?
To get more than 10 medals this year

5/ If you had 3 wishes, what would they be?
Fast in swimming, win more medals and win competitions

6/ What is your dream job?
Become an athlete

7/ Who is someone you look up to and why?

My sport's teacher because he is strong and good at swimming



